



**DIETARY MANAGERS  
ASSOCIATION**

# The Georgia Thrasher

November 2006  
Volume 12

## **“Get Connected to the Georgia DMA”**

The Georgia Thrasher Newsletter is going online with this issue. The concept was introduced at the fall meeting. This issue will be sent by e-mail and hard copy to every member. We plan to send the February issue by e-mail to all who have access. This will be a huge savings for the Georgia Chapter.

### **What we need from the Chapter Members.**

- **E-mail address as soon as possible.**

Chapter members can e-mail their address to the newsletter editor at:

**[jlandew@bellsouth.net](mailto:jlandew@bellsouth.net)**

**Please use DMA as the subject.**

The members will still receive four newsletters during the year, as usual.

You can open the newsletter with an Adobe Reader, which you can download free from the internet.

We will still be sending some hard copies, but we would like to keep them to the minimum to reduce cost of printing and postage.

## **FALL MEETING Installation of Officers For 2006-2007**



**President:  
Geraldine Chandler**

**President-elect:  
Margie Widener**

**Secretary:  
Sharon Clark**

**Treasurer:  
Barbara Braswell**

**On the right side of the newsletter are the addresses, phone numbers and e-mail address of our newly elected officers. They would like to hear from you.**

2005- 2006  
Georgia DMA  
Board of Directors  
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Geraldine Chandler  
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Treasurer  
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**bjsbraswell43@bellsouth.net**

Immediate Past-  
President  
Elsie Daugherty  
278 Village Drive  
McDonough, Ga. 30253

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## **Spring Meeting in Helen, Georgia**

**The meeting is held the third week in April. More details will be in the February Newsletter.**

# Up Scale Dining! Two Hot Concepts

Two trends to improve your patient satisfaction scores were presented during the National Conference in Milwaukee. The “Five Meal Plan” and “Room Service System”.

Both plans give the residents and patients freedom and empowerment over their daily dining experience.

Quoting Dan McGuire, CDM, CFPP  
Director of Nutrition on Services with Cerenity Senior Care Center:

“Everyday should be a Holiday” following the **“The Five Meal Plan”**.

“Allows the resident’s meal times to drive everything that happens in the care center.

**Five Meal Plan:** Offer two meals and snacks instead of traditional three meals.

Start the morning with a Continental Breakfast served in resident’s rooms.

- Residents leisurely awaken to coffee, pastries, and newspapers.
- Brunch, including breakfast and lunch buffet items.
- Afternoon snacks offered in the dining room and in the rooms.
- Fine Dining Service starts about 5:00 pm.
- Offer activity after dinner to ensure the residents are awake for the Night Snack.
- Night Cap Snacks are offered to residents at about 7:00 pm.
- No one goes to bed before night snacks.
- The Five Meal plan promotes sleep.
- Night shift will not wake any resident.”

For more information you can e-mail Dan McGuire

at : [dan.mcquire@bhshealth.org](mailto:dan.mcquire@bhshealth.org)

**The other Hot Concept is “Room Service,”** ala Carte Menu System that offers prepared to order foods from an extensive restaurant style menu.

“**WHY BOTHER**” was the topic of the interview with Sally Milks, M.A., R.D, Senior Associate, Room Service Technologies.

“It takes a lot of time and energy to start up a room service program.

After all, your food service department is running smoothly, patients are being fed without too many complaints. It is easy to sit back and say —Why Bother?

Well the truth is, it is precisely the time to seriously consider the change.

Room service as a method of meal delivery is no longer considered a fad, it is the hottest trend in the healthcare food service industry. It is estimated that 27% of hospitals today offer some type of room service and there are just as many programs on the design board.

We at Room Service Technologies (RST) see no slowing of this trend. We are very busy helping Food Service Directors design tailor-made programs just for their facility.

Simply stated, Room Service is a totally customer focused program, delivering food the patients want, when they want it. Every patient can order from a restaurant style menu whether they are on a clear liquid or a complicated therapeutic diet.

**Again you ask—why bother?** When a room service program is in place, there are certain outcomes that are predictable. According to RST customers:

- Patient Satisfaction increases significantly
- Patients order less and eat more of what they receive
- Food Cost is reduced 5% to 35% depending on the menu
- Late Trays are eliminated
- Revenue generating opportunities are created with increase in guest trays
- Patients can order their meals around their therapies and tests, eliminating the cold food syndrome
- Employee morale improves and the Food and Nutrition Department is elevated throughout the facility.

These are but a few of the compelling reasons to consider a room service program. It is clearly worth the time and energy that will be invested. If you want to learn more about room service visit our website: [www.roomservicetech.com](http://www.roomservicetech.com) or contact me at:

704-574-7575.”

*From the Pen of Margie Widener,  
Georgia state DMA President-elect*

Dear Members:

I hope all of you who attended our fall workshop had a good time and enjoyed the program. As your newly installed President-elect, I would like to thank you your vote of confidence. I will try to the best of my ability continue to keep our chapter one of the strongest in the nation and to achieve the Diamond Achievement award this year at national.

I was very concerned at the lack of attendance for the fall meeting. As one of my goals for the upcoming year I would like to see membership grow and attendance at meetings increase. I need all of you to work with me to make this happen.

I would like opinions you may have on goals you would like to see accomplished in the coming years.

I also need any suggestions you may have for speakers, topics and other suggestions for our upcoming meeting. We want to make meetings something you as members would look forward to attending. We can increase attendance by bringing a business acquaintance or friend that would like to receive some good education about healthcare. This would increase the concept of DMA to others. I am looking forward to hearing from you and seeing many of you at the spring meeting.

I wish to extend my thanks to the Executive Board, Committee Members and the individual DMA Members for their hard work this past year in making our chapter association great.

Thanks again to all of you!

Margie Widener, CDM, CFPP

E-mail address: taurus8088@aol.com

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**I WILL SERVE FORM**

As our chapter grows we need to keep in mind the importance of supporting and helping manage our Georgia DMA organization. By volunteering you help yourself and your professional organization stay active and keep growing. The Georgia Chapter needs your visions for the future. Please, by phone, by mail or e-mail let the Secretary or President know that your are willing to help.

There are many areas that you can serve. The new President would like to have many good committee chairpersons that are willing to serve.

**Your Name** \_\_\_\_\_

**Home Phone:** \_\_\_\_\_ **Work Phone:** \_\_\_\_\_

**E-Mail Address:** \_\_\_\_\_

**I would be willing to serve as a State Officer:**

\_\_\_\_\_

**I would be willing to serve on a State Committee:**

\_\_\_\_\_

**A list of Committee's will be at the Spring Meeting. Please make sure that you sign up to help on one.**

## ***From the of The President***

Dear Members:

As the year approaches 2006-2007 we look forward to a great year with the Dietary Managers Association members. We are pleased to have received the Platinum State Achievement Award in Milwaukee. The Platinum Award is given to the state that scores the highest on the State Achievement.

We congratulate Elsie Daugherty as she accepted National Director at Large at the Conference Banquet. I know she will make us proud.

However, with Elsie's responsibilities as National Director at Large she has to give up the Chapter President. She would have served as President 2006-2007. I am pleased to say I will continue as President of the chapter for this year in her place.

Margie Widener has been elected President-elect this year. It is with great pleasure that I will be working with her. I feel this will be an outstanding year.

We can continue to grow with the support of all the members, so please get involved by volunteering your time, coming to meetings and encouraging others to become CDM's.

We look forward to seeing you at the Spring Meeting. Please plan to bring someone with you.

Respectfully yours,

Geraldine Chandler, CDM, CFPP

President for GDMA

### **New Information about Food Service**

#### **Inspection Report**

The report has been divide into four components. It includes foodborne illness risk factors and public health interventions. It is important that you know and post a current inspection report. A copy can be obtained with other information from the website:

Compliance status includes:

- Supervisors Knowledge
- Employee health & hygienic practices
- Preventing contamination by hands
- Protection from Contamination
- Cooling Potentially Hazardous Foods
- Cooking Potentially Hazardous Foods
- Holding Potentially Hazardous Foods
- Food Temperature Controls
- Facility meeting safe standards

For more information go to Rules of Georgia Department of Human Resources

[www.health.state.ga.us/pdfs/environmental/290-5-14.pdf](http://www.health.state.ga.us/pdfs/environmental/290-5-14.pdf)

## THE NEW DISTRICT PRESIDENT'S

### ATLANTA

Kevin Thompson  
6730 Dressing Crossing  
Cumming, Ga. 30040  
404-787-1916  
E-mail: kct88@hotmail.com

### CANOOCHEE

Susie Stansbery  
Bacon County Hospital  
264 Fox Ridge Road  
Douglas, Ga. 31535  
912-632-8961 x 1021 (W)  
E-mail: ljstansbery@charter.net

### NORTHWEST

No news from this district

### OCONEE

Sharon Ayers, CDM, CFPP  
Assist. Director of Food & Nutrition  
Ty Cobb Healthcare System Inc.  
Royston, Ga. 30662  
706-245-1231 (W)  
E-mail:  
Sharon.ayers@tycobbhealthcare.com

### OCUMLGEE

June Davis  
1120 Morningside Drive  
Perry, Ga. 31069  
478-988-1608 (W)  
478-944-8978 (H)  
478-394-0314 (C)  
Jdavis@hhc.org

### SOWEGA

Sherlene Johnson  
Kidvj1999@yahoo.com

These are the active districts. Districts boundaries are by zip codes. If you are not sure of your district please call one of these District Presidents and they can help you. If your district is not meeting and you need the clock hours they can help with that also.

**Dates for Newsletter Printing will be: Nov. 1, Feb. 1, May 1, and Aug. 1.**

## NEWS FROM THE DISTRICTS

### ATLANTA DISTRICT

The meeting will be held on the third Wednesday of the Month of Feb, May, Aug, and Nov.

Make plans to attend.

President- Kevin Thompson, 404-787-1916  
President-elect –Ronald B. Scott, 770-466-2273  
Carolyn Ford-treasurer, 770-427-8727  
Caroline Estime-Secretary, 404-767-8115

### CANOOCHEE DISTRICT

The CANOOCHEE District meetings will be held at RJ's Restaurant in Statesboro. The meeting dates are as follows: Feb. 9th, May 11th, Aug. 10th 7 Nov. 9th.

President: Susie Stansbery  
President-elect: Daphne Brown  
Secretary: Amy Scott  
Treasurer: Beulah Hilton

### OCONEE DISTRICT

Our meetings are held at Cobb Center on Turner Street in Royston, Ga. 30662 It is an all day meeting with Six (6) clock hours applied for.

Oconee District's next meeting will be held on May 18, 2006 at Cobb Center in Royston, Georgia. Registration will start at 8:30 am. Meeting begins at 9:00 am. Kathy Henry is our new President—Elect and Sharon Ayers is our President this year.

Past President– Mark Threkeld  
President– Sharon Ayers  
President-Elect Kathy Henry  
Secretary– Mary Crunkleton  
Treasurer– Pam Turpin  
Chaplin– Charlie Mahoney

### OCUMLGEE DISTRICT

The Ocumlgee District is trying to plan meetings for the Dietary Managers that live near Macon, Georgia. Anyone who's ZIP CODE starts with 310, 311, 312 please get in touch with June Davis. This was one of the most active districts in Georgia. We would like for that to happen again.

### SOWEGA DISTRICT

Sowega Chapter of DMA met July 20th. The new officers for the year 2006-2007 were elected. They will be installed on Nov 15th. President: Ann Black, President Elect: Donald Epperson, Secretary/ Treas: Terry Sirmons, Chaplin: Nina Carroll.

These are good officers and I think they will carry on the job and keep us the best chapter in Georgia.

Past President-Carver Napier  
President– Sherlene Johnson  
President Elect-Ann Black  
Secretary– Gayle Tucker  
Treasurer-Nina Carroll  
Chaplain-Evelyn Ray

Subject of Meetings  
Sanitation  
Nutrition and Wound Care  
Managing Employees  
Hospice Care  
Charting Nutritional Care  
Energy Management/ Cost Savings

District Meets every other Month:, Jan. 18th, March 15th, May 17th, July 19th, Sept. 20th or 27th and Nov. 15th.

## **267 MEMBER COUNT AS OF OCTOBER 2006**

**Please Welcome all new members and studen**

### **Associate Member:**

Yamila Gonzalez  
Eatonton, GA

### **Enrolled Student**

Tim Crosby  
Lawrenceville, GA 30043

### **Certified Member:**

Angela E. Adams, CDM, CFPP  
Madison, GA 30650

Leslie Irwin  
St. Simons Island, GA 31522

Marquita Graddick  
Pelham, GA 31779

### **Active Member:**

Shirley C. Milsap  
Fitzgerald, GA 31750

Maggie Ahmed  
Atlanta, GA 30337

Coretta Frazier  
Folkston, GA 31537

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### **Important Information for New Members**

- **800 phone number**— for access to information and resources at the National Headquarters is 1-800-323-1908
- **Website**— for immediate access to information that can be used everyday.  
www.dmaonline.org
- **Dietary Managers Magazine** — a premier source of news and education in the food service industry.
- **Regulatory Updates** — monitoring legislative issues affecting the industry
- **Networking** — attending chapter and district meetings puts us face to face with other professionals in our industry.
- **Educational Workshops and Seminars** — DMA is the best source of continuing education programs and services in the industry.
- **Employment Exchange** — a free service that matches job seekers with recruiting personal.

For Local District information please call the District Officers who are listed in this newsletter. The active Districts meeting times are also listed.

Make sure to visit our Georgia Website. It is linked from the National Website.

The Georgia Chapter meetings are always held the Third Week in April and the Third Week in September. The Spring meeting moves around and the Fall Meeting is held in Macon, Georgia.

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**Please add New Members and Students to the nearest  
Active Roster and Correspond with all New Members & Students.**

**This is the ONLY Way our Chapter Can Grow.**

**TAKE CARE OF OUR NEW MEMBERS AND STUDENTS.**

**Our Chapter revenues are based on our membership.**

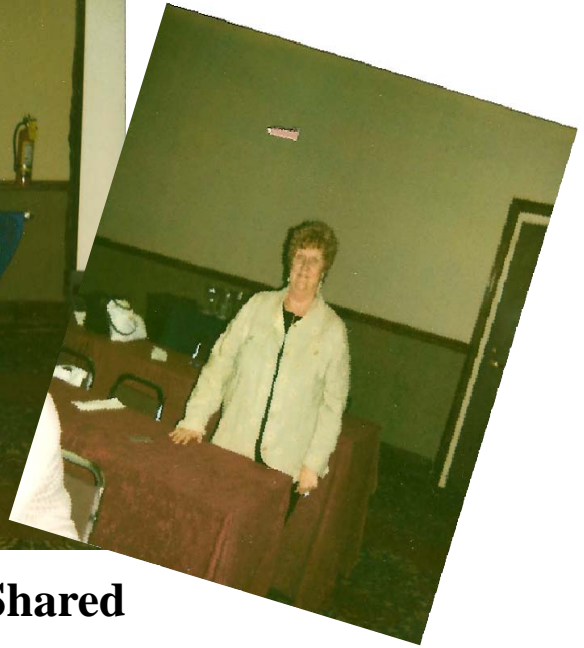
# Education and Hospitality At Our Fall Meeting



Fall Food Show Ribbon Cutting



Barbara and Sharon helping members



Educational Tools Shared



## NUMBER #1 IN HOLIDAY IDEAS



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2225 Riverdale Road  
P.O. Box 490379  
College Park, Ga. 30349

Lisa Waring, RD,LD  
Manager, Healthcare Contracts  
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## GEORGIA

**DIETARY MANAGERS  
ASSOCIATION**

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