



# Land of Lincoln Ledger

## Illinois Dietary Managers Association

Volume #12 Issue #1 March—2010

Co-Editors: Sue Rinkenberger and Linda Waite

DMA...Learn, Discover, Lead

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### COMING EVENTS:

#### **2010 IDMA Spring Workshop**

Performance Foodservice/TPC & Jumer’s Hotel  
Rock Island, Illinois  
April 8—9, 2010

**The registration is in this newsletter**

#### **50th Annual DMA Meeting and Expo**

Hilton Hotel  
Chicago, IL.  
July 4—8, 2010

### **DMA MISSION STATEMENT**

Dietary Managers Association is an organization of professionals dedicated to providing optimum nutritional care through food service management.

*The association is a premier resource for foodservice managers, directors, and those aspiring to careers in foodservice management, achieving its mission through education, advocacy, networking, and research.*

### **2009 -2010 Executive Board of Directors**

#### PRESIDENT

**Terri Edens, CDM, CFPP**

**309-823-7405**

tedens@heritageofcare.com

#### PRESIDENT-ELECT

**Lisa Deininger, CDM, CFPP**

**815-776-7289**

ldeininger@galenahealth.com

#### SECRETARY

**Sandra Bellman, CDM, CFPP**

**847-746-8435**

bellmansandra@att.net

#### TREASURER

**Sue Rinkenberger, CDM, CFPP**

**815-842-1181**

srinkenberger@gmail.com

#### IMMED. PAST PRESIDENT

**Dave Hollis, CDM, CFPP**

**815-539-3006**

dhollis@hotmail.com

#### IMPACT TEAM LEADER

**Linda Waite RD, LD, CDM, CFPP**

**217-223-5259**

[lwaite@adams.net](mailto:lwaite@adams.net)

#### MEMBERSHIP CHAIRPERSON

**Donna Peterson, CDM, CFPP**

**815-379-2131**

dpeterson@heritageofcare.com

**National DMA**

**1-800-323-1908 www.dmaonline.org**

# President's Message

## By Terri Edens, CDM, CFPP

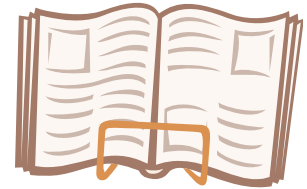
Hello and Happy New Year to all DMA Members. Now that the holidays are past and the New Year is upon us Spring is right around the corner and we are busy planning the final stages of our Spring Workshop. Our theme this year is "Swing into Spring Training with IDMA". Our "baseball driven" workshop is scheduled for April 8 & 9<sup>th</sup> at PFG and Jumers in Rock Island, IL. You asked for certain speakers and topics from the Fall Meeting evaluations and we listened!

We have an excellent line-up of speakers and a lot of fun things planned so don't miss out. Be a "designated hitter", "raise you're batting average", get out of you're "dug outs" and dig out you're favorite baseball attire then "swing" west to Rock Island for a "Grand Slam" of a good time at "IDMA Spring Training Camp." Hope to see you all there!

The goals for the Chapter this year are:

1. Increase membership.

2. Update P & P Manual.
3. Develop New Committees.
4. DATC.
5. Web update.



### Getting Excited about Nutrition and Aging

By Cynthia York-Camden MS, RD, LDN – Illinois Dietetics in Healthcare Communities Chair (Illinois CD-HCF has changed their name to Illinois DHCC)

Brenda Richardson MS, RD, LDN National Lecturer and Chair Elect for the National Dietetics in Healthcare Communities Dietetic Practice group, will be the keynote speaker for the Annual Illinois DHCC Seminar planned for Friday June 18<sup>th</sup>, 2010 at Northern Illinois University (NIU) campus in Naperville, Illinois. Her topic will be "*Getting excited about Nutrition and Aging*". She will start the seminar off with a positive message concerning the opportunities and the need for leadership for those working with nutrition care in long term care facilities.

Other speakers at the event will include: Kimberly Fremont MS, RD, LDN from Health Technologies speaking on the topic of "*MDS 3.0*", Connie Jensen RD, LDN speaking about "*What food service departments should expect from surveyors*", Jane Jarrett RD, LDN from Linda Roberts & Associates will offer a case study example of "*Culture Change*" in action, Dorothy Stewart RD, LDN from Nutrition Care Systems will update us on the latest research and biochemistry of "*Wound healing*" including necessary nutrients needed for healing, Jean Ramsey MS, RD, LDN from Your Learning Basket.com will help us learn to make "*Stress the Spice of life*" that keeps life from being boring, not the overload that "spoils" the whole dish. We will apply for 8 hours CPEUs for Dietitians and 7 hours for Dietary Managers for this event. It will be from 7:30 until 4:30 PM on Friday June 18, 2010. Illinois DHCC has partnered with Illinois DMA to offer low *membership cost* for this event of 55 dollars for early registration received before June 7, 2010 and 70 dollars after June 7, 2010. There will be various industry vendor exhibits at this event including a representative from Illinois DMA. We are very excited about nutrition and aging and hope to see you all in Naperville in June.

For more information please visit the new website at <http://www.illinoisdhcc.org/>

### CELEBRATE, CELEBRATE!!

**"Are you feeling Golden?"**

**National DMA (2010)**

**will be 50 years old**

DMA Foundation has put together a cookbook to help celebrate this milestone. These cookbooks would make a great birthday, wedding, graduation, Mother's Day, and co-worker gift and will be available at Spring State Meeting for \$20.00.

### Continue this dedication:

by attending State meetings, volunteer as a committee member or officer, help with a State mtg, invite your legislator to your facility, host a Pride in Foodservice Week event, encourage others to take a class & become certified as CDM, or make others aware of the association.

### Scholarships Available

To assist with attending regional and national meetings in addition to taking the CDM Courses. Contact DMA.



(Sample)  
2010 Illinois  
DMA Ballot  
Enclosed

—Let your voice  
be heard! National Ballot is at  
[www:dmaonline.org](http://www:dmaonline.org)

### IDMA Treasurer's Report

Balance on Hand  
10/15/09—  
\$5,331.22



**David Hollis, CDM, CFPP accepted the State Achievement Award, Platinum level on behalf of the IDMA membership at the national meeting in Georgia this past summer.**

**DMA—50th Annual Meeting & Expo—  
July 4—8, 2010 — Hilton Hotel — Chicago, IL.**



- Two dozen targeted programs are on the educational agenda, including Social Networking & Foodservice, Leadership, survey Survival Tips, MDS 3.0, Culture Change, Renal Function, HR Success, FDA Federal Update, Lab Data, Food Costs, Care Plans, Resident Satisfaction, Sanitation—and more! In addition, Expo gives managers a chance to see and sample new and innovative food-service products from dozens of manufacturers in a comfortable, convenient setting.
- Chicago is a beautiful and dynamic city. Show your support of IDMA—attend the meeting.
- Illinois DMA has budgeted for a group luncheon/supper and leadership training again this year.

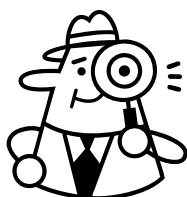
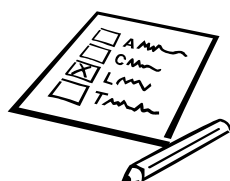
**“BENEFITS OF DMA MEMBERSHIP”**

- **800 PHONE NUMBER**—for access to information and resources from trained staff;
- **WEBSITE**—for immediate access to information that is updated regularly; be up to-date on all the latest volunteer news! Check out the DMA Volunteer Leader e-newsletter every month on the website; CDM, CFPP Scope of Practice
- **DIETARY MANAGER Magazine**—a premier source of news in the Foodservice industry;
- **Regulatory updates**—monitoring of legislative issues affecting the industry;
- **Networking**—attending chapter meetings puts them face-to-face with other professionals in the industry;
- **Employment Exchange**—a free service that matches job seekers with recruiting personnel;
- **Educational workshops and seminars**—DMA is the best source of continuing education programs and services.

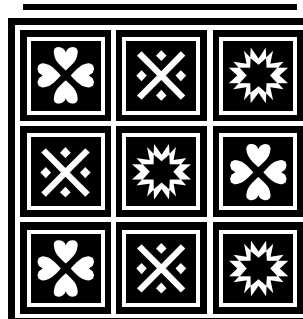
**IDMA MEMBERS USING NEW ELECTION PROCESS NOW!**

A sample ballot is included in this newsletter. The election voting takes place at the IDMA Members’ Spring Meeting as of 2009. Voting members who are not able to attend the Spring Meeting may contact IDMA Board Secretary, Sandra Bellman, at address given. The completed ballot must be returned to the Teller Committee Chairperson, Linda Waite, by April 5, 2010.

Sandra Bellman, bellmansandra@att.net, work phone 847-746-8435, home 847-249-3239.



**QUILT RAFFLE**—ends during the DMA Annual Meeting in Chicago. The National DMA Legislative Committee had a quilt made and donated by Sandy Palmer. The proceeds from the raffle will help DMA PAC activities on behalf of the membership. Watch the DMA website for further details.



**BE A VOLUNTEER—  
Help Grow Our Illinois Chapter. Be a part of the solution—take a part—talk to any board member about the opportunities available.**



**FOOD BORNE OUTBREAKS -**

*The top 10 riskiest foods regulated by the FDA are: leafy greens, eggs, tuna, oysters, potatoes, cheese, ice cream, tomatoes, sprouts, and berries. These “account for nearly 40% of all food borne outbreaks linked to FDA regulated foods since 1990 as tracked by the Center for Science in the public interest (CSP)”.*

**Celebrate DMA - National Hunger Week (Please send information/pictures to State President by May 1st to include in State Achievement Award)  
\*Also Pride in Food Service Week items.**



ILINOIS DMA MEMBERS PARTICIPATED IN DAY AT  
THE CAPITOL (DATC I, II, III, & IV) - Washington, DC  
(HR 1636 Safe Food for Senior's Bill)

(HR 3200 Amendment—America's Affordable Health Choices Act)

Sue Rinkenberger, representing the National Legislative Committee,  
and Linda Waite, representing the Illinois DMA Legislative (Impact) Team,  
attended DATC I on Oct. 2-4, 2007, DATC II on Feb. 26-27, 2008,  
DATC III on Feb. 25-26, 2009, and (re-scheduled) DATC IV on Mar. 10-11, 2010.

The purpose of DATC was to meet with legislators in  
both houses of Congress to make them aware of DMA and to seek their  
influence to sponsor or support legislation to add the CDM credential as  
necessary for the criteria of the Food Service Director in regulations for Medicare  
funded nursing homes across the U.S. DMA currently has a bill in the "hopper".

Sue and Linda presented packets of information to 10 Representatives  
from Illinois and did get to meet personally with some of them or their  
staff to promote our cause. They also met with staff in the offices of  
Senator Dick Durbin and spoke to Senator Durbin at breakfast meeting.  
Please make contact with your U.S. legislators and talk to them about  
this very important issue. Your personal contact means a lot.



## Help Wanted:

**Please send any information, pictures, newspaper articles, etc. to the President regarding the following -**

- 1. Legislature (did anyone visit your facility or did you go talk to them)**
- 2. Consider making a donation to DMA Political Action Committee (PAC) - member sponsored political action fund—assists DMA to spread the word about the CDM credential. Visit [www.dmaonline.org](http://www.dmaonline.org)**
- 3. Write or call your Senators & Congressman.**

**Sue Rinkenberger, CDM, CFPP**  
**P.O. Box 574**  
**Forrest, IL. 61741**

**Spring State IDMA  
Meeting Registration;  
Enclosed**

**NEW! NEW! NEW!**

- IDMA Website has many new items, including Award Applications, State Meeting Registration Form, "Sample" Ballot, and Land of Lincoln Ledger Newsletters—please check them out along with pictures.

