

PRAIRIE BREEZES

In This Issue...

- ✓ News from the President
- ✓ What's Happening Across the State...
- ✓ Office or Committee Interest Form
- ✓ National DMA Hunger Week

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From The President...

Greeting ND Dietary Managers,

I am writing what could be my last update for the newsletter as President for the ND Dietary Managers Association and it is bitter sweet. We have accomplished so much over the past 2 years. It is almost hard to believe that my term will soon be up, as time has flown by so fast.

Our website has been updated and has a new look. If you have not had an opportunity to go onto the internet to look at this, I encourage you to do so. You may find some fun pictures of yourself in the photo gallery. We will be taking more pictures at our Spring Meeting to put on the website so put your smile on!

Just a final reminder to all of you, the Hormel Health Labs Scholarship Deadline is approaching right around the corner. If you have not sent you application is the deadline is May 1st. Hormel Health Labs will offer ten \$1,000 scholarships to qualified applicants interested in pursuing a career as a Certified Dietary Manager, Certified Food Protection Professional (CDM, CFPP). Winners will be announced at the DMA Annual Meeting in Philadelphia, PA, July 27-31, 2008.

We are going to have a Spring Fundraiser this year. This is something new for our Association. I have been in touch with Tastefully Simple. This is a company out of Alexandria, MN. They sell food products that taste wonderful and are easy to make. I will talk more about it at the Spring Meeting. You can also stop into the DMA Theme Hospitalities Suite at the NDLTCA and sample one of their beverages as that is what we will be serving.

We are in need of nominations for the President-Elect position and the Secretary / Treasurer position. If you are interested or know of someone who would be a good candidate, please let me know. We are also looking for individuals to chair committees. In the newsletter you will find a form to fill out if you are interested in serving on one of our committees or if you are interested in running for the Board. If you have any questions about any of the positions, feel free to contact any member of the board.

I am excited to let you know about a task force that Yvonne Foyt and I will be serving on this month. Friday, April 11th and Saturday, April 12th, Yvonne and I will be in Cedar Rapids, Iowa, serving on the Item Writers Committee. This committee assists the CBDM (Certifying Board for Dietary Managers Assoc.) and the ACT offices with preparing questions for the upcoming Credentialing Exam for Dietary Managers. From what I hear, this is a great learning experience while also allowing us to give back to the Association at the same time.

Finally, the Annual DMA Convention is being held July 27 – 31, 2008 in Philadelphia, PA. I am planning on attending this convention. It will be another great opportunity to network with Dietary Managers from all across the country. I hope that some of you may also be able to attend. Let me know if you are planning to go to the conference. At the convention awards are given out to the states based upon their scores from the State Achievement Award submissions. Keep your fingers crossed that this is the year that ND can bring home the "diamond".

I am hoping to see all of you at our Spring Meeting in conjunction with the North Dakota Long Term Care Convention later this month!

See you all soon,
Heather Weber

What's Happening in Facilities Across the State

Northwood Deaconess Health Center Breakfast Nook

Submitted by: Janet Bratlie, Dietary Manager

The breakfast nook was started in 1995. The meal is served restaurant style and is made to order.

Orders are taken by volunteers and staff. Staff and volunteers also cook the meal. Eggs, any way the resident wants them cooked, hash browns, bacon, sausage, pancakes, toast and beverages are on the menu.

The breakfast nook brings families and the community together with the residents. There is quite a bit of interaction and conversation that takes place during the breakfast nook day. This meal is served once monthly in the activity room. Serving begins at 10:30 am. The residents eat well and hearty.

The breakfast nook requires a great amount of teamwork with preparing and serving the meal. But the result is really awesome with happy residents.

Community Memorial Hospital – Scholarship Fund

Submitted by: Margie Fiedler, CDM, CFPP

Community Memorial Hospital in Turtle Lake decided last fall to get more involved in community service. We decided to make a scholarship fund for someone going into the medical field as a second year or longer student. Each department in the hospital is in charge of one month for fundraising. The dietary department had the month of November. We had a pie raffle, with people paying \$1.00 to sign up for a winning number. We sold about 60 chances for a pie, and drew out 4 winning numbers. We made homemade pie of choice for each winner. We also held 2 classes to learn how to make strudels and cheese buttons. Each participant had to pay \$5.00, and they made the German food from scratch to finish, and got to enjoy eating the fruits of their labors, and even got to take the leftovers home! We also had "German Day" for the

residents, where we made homemade German foods. This was a big hit! The residents really enjoyed the German foods, as it is not something they get on a normal basis. This was also a learning time for some of the cooks, as they had never made strudels or cheese buttons before either.

****If you have stories of what you are doing in your facilities, please send to Cheryl Gartner-Boyce, Newsletter Article as we are looking for articles for future newsletters.*

Oakes Community Hospital offers New “Room Service” style Dining Program



Employees at Oakes Community Hospital are committed to providing the best possible patient experience and customer service. “In keeping

with that goal, we are pleased to offer patients a New “Room Service” Dining Program,” says Jan Konkler, Certified Dietary Manager.

The key to the whole program is the restaurant-style menus. Try apple glazed pork tenderloin with homemade mashed potatoes or pasta with chicken alfredo sauce. And did we mention desserts?

The New “Room Service” menus kicked off in January and have received accolades from patients and doctors, both for flavor and variety of choice. The menus, which include as many as eight entrees daily, feature a broad selection of culinary choices, from light fare to heartier dishes.

Aside from making patients feel pampered, the room service option gives patients the opportunity to eat the things they like most. Barb Erlandson, Registered Dietitian for OCH, notes “when people are able to choose the foods they prefer, they tend to eat better --- and eating better speeds recovery.”



National DMA Hunger Week April 14-18, 2008

April 14-18, 2008 has been designated "Hunger Week" by the Dietary Managers Association. During this week, dietary managers and other members of the foodservice team choose local activities to give the hunger issue prominence in their communities. Send your local news outlet a description of your activities and include a photo.

Tips for Celebrating Hunger Week:

- **Soup Kitchens Feed the Hungry**
 - Organize your chapter members to donate a few hours to work at a local facility that feeds those in need. It will not only help those who need a healthy meal, it can provide an opportunity to increase community awareness of DMA. Be sure to promote your activities in your local newspaper and industry newsletters. If you need a sample news release to send, call the Chapter Relations Department, (800) 323-1908 ext. 123 or check online in DMA Volunteer Resources.
- **Hold A Food Drive**
 - Collect food items at members' facilities for donation to a local food pantry outlet. Have a contest among members' facilities to see who can collect the most pounds of food. Be sure to let your local newspaper know about your efforts and take lots of pictures. This will enhance your community's awareness of DMA and also provide a valuable service to your citizenry.
- **Hold A Clothing Drive**
 - Instead of the traditional food drive during National Hunger Week, the Maryland DMA held a clothing drive. This activity gave members exposure to an area outside of the food industry, and also allowed them to recycle clothing they were finished using. They sent out flyers asking for the donations and sent thank-you notes to those who were especially generous. Approximately 200 pounds of clothing were donated to a local charity!

Be Sure to Take Photos and Send me a summary of what you did during Hunger Week to submit to the National Office. Thanks for all of your efforts.

Heather Weber

Pride in Food Service Week

In honor of "Pride In Food Service Week", February 4-8, we held a contest for all of the staff. The contest consisted of a mix n' match quiz of Dietary Staff and something about each one. We had a lot of involvement throughout the facility. We gave a free lunch ticket to the winner. All of the Dietary Staff received a travel mug from their Director in appreciation for their hard work and dedication. We take great pride in our food service department and enjoy pleasing our Residents. We have worked with a Resident Meal Committee for several years to plan all Holiday Menus and other specialty meals such as: Baked Potato Bar, Flieshkuackle, Stuffed Peppers, Fry Bread, Indian Tacos and more.

Submitted by:
Cheryl Gartner-Boyce,
CDM CFPP
NDDMA Newsletter Editor
and Dietary Director at Hill Top
Home of Comfort, Killdeer, ND

Welcome to new members & students

**Students enrolled in
UND Course:**
Princess Kamara-Magba
520 31 N Apt #12
Fargo, ND 58102

Jodi Thompson
3340 42nd St S. #107
Fargo, ND 58103

Active Members:
Allison M. Thomas
144 9th Ave W
Dickinson, ND 58601

Margie M. Theurer
1107 North 12th St
Bismarck, ND 58501

Student Member:
Julie King
PO Box 720
Kenmare, ND 58746

Update from the Impact Team

What a whirlwind 2 days!! DMA's Day at the Capitol II was a wonderful success and DMA made a lot of headway. The Legislative Committee's goal for this session was to push a little harder on getting support for legislation to certify dietary managers. The majority of our Legislators are totally in support of this issue, but they feel a stand-alone bill is not the way to go. The Legislators feel attaching to an already existing bill would be more advantageous. It gets quite confusing here as there are differing opinions on which Committee this legislation would fall under. So rest assured we are still working on this issue, but the wheels of government do turn slowly. Our Legislative Committee hosted an open house one evening and was quite excited at the turnout. Among those Congressman stopping by was Collin Peterson from Minnesota (he is the Chairman of the Agriculture Committee) and Dave Camp from Michigan (he is on the Ways & Means Subcommittee on Health). We were very pleased since these Congressmen get invited all the time to these affairs, so to us it was a big deal they attended ours. During the Annual DMA Meeting & Expo in Philadelphia, Bob Herbolscheimer (DMA's Legal Counsel in Washington, DC) will be having sessions on how the legislative and regulatory process works. So if you are planning to attend the Annual Meeting, this would be good background information even at the state level.

There was also discussion on starting up the DMA PAC (Political Action Committee)

again. This would be very important in raising funds to support candidates who share DMA's philosophy about government, who care about the services DMA members provide and who want

to be helpful on issues of importance to DMA members. I will share more on that as it comes together.

Yvonne R. Foyt, CDM, CFPP
ND DMA Spokesperson

Dates to Remember

HUNGER WEEK

April 14 – 18, 2008

NATIONAL NURSING HOME WEEK

May 11 – 17

ANNUAL MEETING – PHILADELPHIA

July 27 – 31

FALL MEETING DATES

Sept 17 – 19, 2008

LEADERSHIP TRAINING – ST. CHARLES, IL

Sept 25 – 27, 2008

CREDENTIALING EXAM DATES

Oct. 25, 2008 (Deadline to Register Aug. 15, 08)

*Congratulations to our new
CDM, CFPP's*

Jessica Duffy

St. Rose Care Center
LaMoure, ND

Paulette Schirado

Marian Manor Nursing Home
Glen Ullin, ND

**ND DMA Chapter
Office or Committee Interest Form**

Name _____ **Membership No.** _____

Mailing Address _____ **City/State/Zip** _____

Home Phone _____ **Business Phone** _____

Present Employer _____ **Employed in Dietary or Related** Y N

Job Title or Position Held _____ **No. of Years in current position** _____

Other volunteer experience? _____ **No. of Years Worked in Food Service** _____

I am interested in serving as Chapter Officer Chapter Committee Member Both

Would your current employer be willing to support your commitment to serve at the Chapter Level? Y N

Is your family supportive of your work with DMA and willing to let you serve at the Chapter Level? Y N

Are you willing to commit to the time, travel and assignments required of a Chapter Volunteer? Y N

What value do you feel you would bring to a Chapter office or committee? (Brief) _____

If you were to be selected as a nominee for the Chapter Board what is one goal or objective you would like to work toward in that office? _____

Why? _____

How have you benefited personally from your membership in DMA? _____

Additional comments or thoughts _____

Signature _____ **Date** _____

Return to:

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601 - 17th Ave. N.
Wahpeton, ND 58072

**DMA TOLL FREE
NUMBER:
1-800-323-1908**

**Visit DMA'S
WEBSITE:**

<http://www.dmaonline.org>

**North Dakota's
DMA'S WEBSITE:**

<http://www.dmaonline.org/ND>

**DMA MISSION
STATEMENT**

The Dietary Managers
Association is an
organization of
Professionals dedicated to
achieving excellence in
the food service industry.

North Dakota DMA Officers: 2008-2010

PRESIDENT

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Claudia Rolph, CDM, CFPP

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Ellen Schafer, CDM, CFPP
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Bev Kennelly, Retired Member
Cheri Schroeder, CDM, CFPP
Olive Ann Turpin, CDM, CFPP

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Lori King, CDM, CFPP
Brenda Seagren, CDM, CFPP

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North Dakota
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